

*Trustees
wanted
Could
this be
you?*



*...or do you
know someone
that may be
interested?*

INTO THE LIGHT

Counselling and support for
survivors of sexual abuse

More on
next page



We need **Voluntary Trustees** who are willing to use their skills and knowledge to support ongoing growth in our organisation and ensure we are offering an effective service.

Please email us at **info@intothelight.org.uk** for more information.

You may also like to take a look at our website **www.intothelight.org.uk**

What we're looking for from our trustees

We are especially keen to recruit people who have skills in Leadership, Teamwork, and Governance and, if possible, the experience of supporting vulnerable people and care giving professionals.

Trustees' meetings are held four times per year. Other meetings may be required at times.

The Trustees are responsible for setting the strategic direction, finances, policies, future proofing delivery of Into The Light and supporting the staff.

Could that person be you?

Or do you know someone that may be interested?



Comments by people who have attended our past workshops:

Great information ... great tools to help me to continue to move forward

Lovely team of people both the audience and trainers. Felt comfortable and safe

Good workshop for partners to attend in a safe relaxed setting

I came away feeling empowered and confident... it was fantastic

I was able to take some things away which were new and life changing

There was a real sense of respect and understanding from the facilitators



About Into the Light

Our model of healing and recovery from sexual abuse is through:

Giving Information, Breaking Isolation, Sharing Experience

We have been working in this sector since 1993 and currently we are looking for New Trustees to support the organisation.

We offer:

Counselling, Group work, Psycho-educational courses, Workshops, Training and more for people who have been sexually abused and those who support them.

We are a small organisation currently transitioning from Community Interest Company to Charity.

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