

Registration number: 08738759

Into The Light Counselling And Support For Survivors C.I.C.

(A company limited by guarantee)

Annual Report and Unaudited Financial Statements

for the Year Ended 31 March 2022

Chisnall Comer Ismail & Co
Chartered Accountants
Maria House
35 Millers Road
Brighton
BN1 5NP

Into The Light Counselling And Support For Survivors C.I.C.

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Into The Light Counselling And Support For Survivors C.I.C.

Company Information

Directors S Cissell
 N Pallis
 R Mitchell
 P Popat
 L Merrill

Company secretary R Mitchell

Registered office Maria House
 35 Millers Road
 Brighton
 BN1 5NP

Accountants Chisnall Comer Ismail & Co
 Chartered Accountants
 Maria House
 35 Millers Road
 Brighton
 BN1 5NP

**Chartered Accountants' Report to the Board of Directors on the Preparation of
the Unaudited Statutory Accounts of
Into The Light Counselling And Support For Survivors C.I.C.
for the Year Ended 31 March 2022**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Into The Light Counselling And Support For Survivors C.I.C. for the year ended 31 March 2022 as set out on pages 3 to 6 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at <http://www.icaew.com/regulation>.

This report is made solely to the Board of Directors of Into The Light Counselling And Support For Survivors C.I.C., as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Into The Light Counselling And Support For Survivors C.I.C. and state those matters that we have agreed to state to the Board of Directors of Into The Light Counselling And Support For Survivors C.I.C., as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Into The Light Counselling And Support For Survivors C.I.C. and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Into The Light Counselling And Support For Survivors C.I.C. has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Into The Light Counselling And Support For Survivors C.I.C.. You consider that Into The Light Counselling And Support For Survivors C.I.C. is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Into The Light Counselling And Support For Survivors C.I.C.. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

..Chisnall Comer Ismail & Co

Chisnall Comer Ismail & Co
Chartered Accountants
Maria House
35 Millers Road
Brighton
BN1 5NP

Date: 6/12/22

Into The Light Counselling And Support For Survivors C.I.C.

Profit and Loss Account for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Turnover		30,250	28,995
Other income		7,724	5,218
Other charges		<u>(29,820)</u>	<u>(22,437)</u>
Surplus before tax		8,154	11,776
Taxation		<u>(1,549)</u>	<u>(2,237)</u>
Surplus for the year		<u><u>6,605</u></u>	<u><u>9,539</u></u>

Into The Light Counselling And Support For Survivors C.I.C.

(Registration number: 08738759) Balance Sheet as at 31 March 2022

	2022 £	2021 £
Current assets	27,030	26,096
Prepayments and accrued income	-	10,000
Creditors: Amounts falling due within one year	<u>(3,291)</u>	<u>(3,979)</u>
Total assets less current liabilities	23,739	32,117
Accruals and deferred income	<u>(786)</u>	<u>(15,768)</u>
	<u>22,953</u>	<u>16,349</u>
Capital and reserves	<u>22,953</u>	<u>16,349</u>

1 General information

The company is a company limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £Nil towards the assets of the company in the event of liquidation.

The address of its registered office is:

Maria House
35 Millers Road
Brighton
BN1 5NP
England

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 5 (2021 - 5).

3 Government grants

Included in Government Grants are:

Grant awarded by the Mayor of London Office For Police And Crime 2022 - £15,000 (2021 - £12,630)
Grant awarded by London Community Ministry of Justice Covid Emergency Funding 2022 - £Nil (2021 - £5,655).

Into The Light Counselling And Support For Survivors C.I.C.

**(Registration number: 08738759)
Balance Sheet as at 31 March 2022**

4. Other grant income

Included in other grants is a grant awarded are:

Comic Relief - £1,560 (2021 - £1,560)
Heathrow Trust - £Nil (2021 - £950)
Pathways - £3,850 (2021 - £4,000), which is a restricted fund
London Community Funding £Nil (2021 - £4,200)
Awards For All Grant - £4,940 (2021 - £Nil)
Cheshire Asura Grant - £3,800 (2021 - £Nil)
Freshwater Grant - £1,100 (2021 - £Nil)

4 Related party transactions

Payments were made to Rebecca Mitchell totalling £14,638 (2021 - £11,066). The payments related to £13,780 (2021 - £10,735) of counselling and administration fees, and £858 (2021 - £331) for the reimbursement of expenses.

Payments were made to Sadie Cissell totalling £4,340 (2021 - £4,920). The payments related to £4,4340 (2021 - £4,920) counselling and administration fees.

Payments were made to Lease Merrill totalling £150 (2021 - £100). The payments related to £150 (2021 - £100) counselling and administration fees.

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Into The Light Counselling And Support For Survivors C.I.C.

**(Registration number: 08738759)
Balance Sheet as at 31 March 2022**

Approved and authorised by the Board on²⁸11.2022.. and signed on its behalf by:



R Mitchell

Company secretary and director

Into The Light Counselling And Support For Survivors C.I.C.

Detailed Profit and Loss Account for the Year Ended 31 March 2022

	2022		2021	
	£	£	£	£
Turnover				
Grants income		30,250		28,995
Other operating income				
Donations	2,664		2,223	
Workshop & Counselling Income	<u>5,060</u>		<u>2,995</u>	
		7,724		5,218
Less: expenses				
Admin expenses	3,463		2,771	
Counselling costs	25,577		18,880	
Accountancy fees	<u>780</u>		<u>786</u>	
		<u>(29,820)</u>		<u>(22,437)</u>
Surplus before tax		8,154		11,776
Less: Tax				
Corporation tax charge	<u>1,549</u>		<u>2,237</u>	
		<u>(1,549)</u>		<u>(2,237)</u>
Retained profit / (loss)		<u><u>6,605</u></u>		<u><u>9,539</u></u>